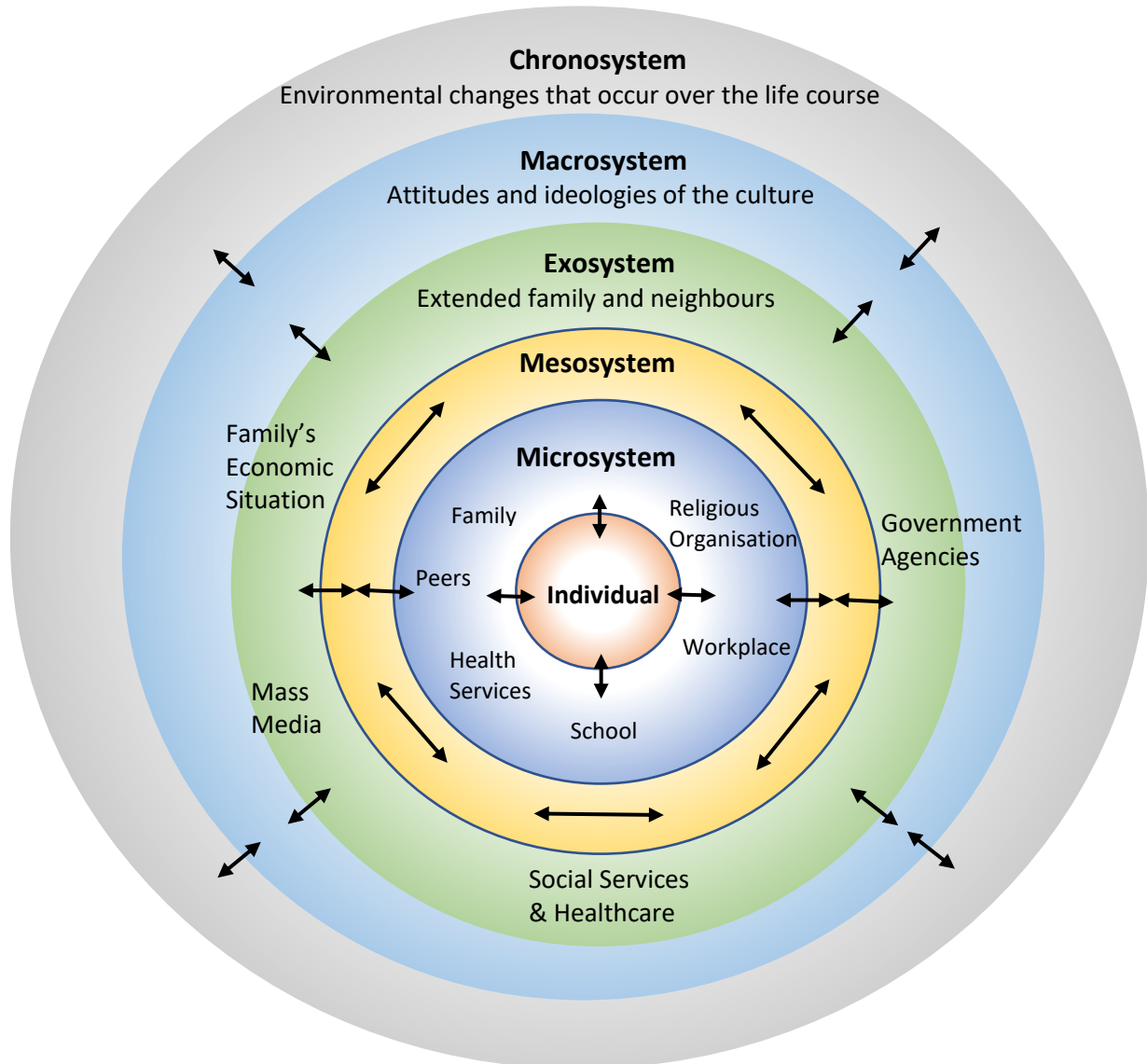


## Bronfenbrenner's Ecological Systems Theory



**Microsystem** – It is the smallest and most immediate environment in which the individual lives. Interactions within the microsystem typically involve personal relationships and it directly affects how individuals grow.

**Mesosystem** – It encompasses the interaction of the different microsystems which individuals find themselves in.

**Exosystem** – It refers to the linkages that may exist between two or more settings, one of which may not contain the individual but affect them indirectly nonetheless.

**Macrosystem** – It is the largest and most distant collection of people and places to the individual that still have significant influences on them. This ecological system is composed of the individual's cultural patterns and values, specifically their dominant beliefs and ideas, as well as political and economic systems.

**Chronosystem** – It includes the transitions and shifts in one's lifespan. This may also involve the socio-historical contexts that may influence a person.